

Concentration about the mean

Let's recall the Chernoff trick for indep sums.

Let  $S_n = X_1 + \dots + X_n$   $\{X_i\}$  are iid

$\frac{S_n}{n} \rightarrow 0$  a.s. by assuming  $E[X_i] = 0$

center: replace  $X_i$  by  $X_i - E[X_i]$

Talk about concentration bound  
 ↳ Entropy (Jianing talked about this)  
 Bernoulli measure.

↳ Herbst argument  
 - Alexander's bound on nonrandom fluctuations. (brilliant)

Assume  $M(\theta) = E[e^{\theta X}] < \infty$  for  $\theta \in (-\delta, \delta)$  (Moment generating functions)

Then  $P(S_n > nt) = P(e^{\theta S_n} > e^{\theta nt})$

Mahov.  $P(X > s) \leq \frac{1}{s} E[X]$

$X \sim \text{Exp}(\lambda): M(\theta) = \int_0^\infty e^{\theta x} \lambda e^{-\lambda x} dx = \frac{\lambda}{\lambda - \theta} \quad (\theta < \lambda)$

$\leq \frac{e^{-\theta nt}}{(M(\theta))^n}$  (Mahov inequality)

$E[e^{\theta S_n}] = E[e^{\theta(X_1 + \dots + X_n)}] = \prod_{i=1}^n E[e^{\theta X_i}] = (M(\theta))^n$

Optimize over  $\theta$  to get

$P(S_n > nt) \leq e^{-n \sup_{\theta} (\theta t - \log M(\theta))} = e^{-I(t)}$

$e^{-n(\theta t - \log M(\theta))}$

$I(t) = \sup_{\theta} (\theta t - \log M(\theta))$   
 Legendre transform of  $\log M(\theta)$

convex fn. Ex: prove this.

If  $X_i \sim N(0, 1)$

$M(\theta) = e^{\theta^2/2}$   $I(t) = \sup_{\theta} (\theta t - \theta^2/2)$   $t = \theta$

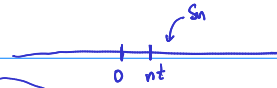
$\log M(\theta) = \frac{\theta^2}{2}$

$\Rightarrow P(\frac{S_n}{n} > t) \leq e^{-n \frac{t^2}{2}}$  → Gaussian concentration (#2.6)

Ex: If  $X$  is Gaussian, show

$M(\theta) = E[e^{\theta X}] = e^{\theta^2/2}$  (complete the square in the exponent)

Called GAUSSIAN concentration.



How about other distributions? Suppose  $X_i$  has mean 0

and variance 1. Then

$\log M(\theta) = \log E[e^{\theta X}] \approx \log E[1 + \theta X + \frac{\theta^2 X^2}{2}] \approx \log(1 + \frac{\theta^2}{2})$   
 $\approx \frac{\theta^2}{2} + o(\theta^4)$  for small enough  $\theta$ .

$\log M(\theta) \leq C\theta^2$  (#2)  $\left| \log(1+x) \approx x - \frac{x^2}{2} \dots \right.$   
 $1 + \theta E[X] + \frac{\theta^2}{2} E[X^2]$

Thus in fact  $I(t) \approx \frac{t^2}{2}$  for small  $t$ .

So one can expect the Gaussian concentration to hold in a small interval  $t \leq c$

Ex: Prove (#2) under reasonable assumptions on the distribution.

Ex: What's  $I(t)$  for an exponential?

$$I(t) = \sup_{\lambda > 0} (t\lambda - \log \frac{\lambda}{\lambda - \theta})$$

(#2b)  $P(S_n > nt) \leq e^{-nt^2/2}$  (Gaussian tail)  
 $P(S_n > nt) \leq e^{-nt}$  (Exponential tail)  
 $\rightarrow P(S_n > nt) \leq e^{-t^2/2}$

For the passage time, we establish

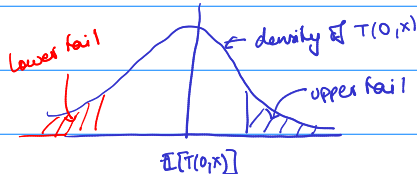
Theorem Let  $d \geq 2$ ,  $F(0) < pc$  and  $M(\alpha) < \infty$

For some  $\alpha > 0$ . Then  $\exists C_1, C_2$  st

$$P(T(0,x) - \mathbb{E}T(0,x) \geq t\sqrt{|x|_1}) \leq e^{-C_1 t^2}$$

for  $t \in (0, C_2 \sqrt{|x|_1})$

$\mathbb{E}[e^{\alpha Z_c(t)}]$  (exponential moments)  
 Gaussian concentrate for the passage time.



Tells you scale of fluctuation  $X \leq \frac{1}{2}$   
 $(T - \mathbb{E}T(0,x)) \approx |x|^{1/3}$

Called an UPPER TAIL estimate.

If  $F(0) < pc$  and  $\mathbb{E}(\min\{Z_1, \dots, Z_d\})^2 < \infty$  then

$$P(T(0,x) - \mathbb{E}T(0,x) \leq -t\sqrt{|x|_1}) \leq e^{-C_1 t^2} \quad t \geq 0$$

LOWER TAIL estimate.

Pf: Let  $\log M(\theta) = \log \mathbb{E} e^{\theta(T-\mathbb{E}T)}$

$$P(T - \mathbb{E}T \geq t\sqrt{|x|_1}) = P(e^{\lambda(T-\mathbb{E}T)} \geq \frac{e^{\lambda t\sqrt{|x|_1}}}{a})$$

$\leq e^{-\lambda t\sqrt{|x|_1}} = e^{-\log M(\lambda) t\sqrt{|x|_1}}$  (#1)

Conc. of Meas.

$$P(X > a) \leq \frac{1}{a} \mathbb{E}[X]$$

Milman, Dvoretzky, Grosser.

Talagrand (1995 paper) Isoperimetric inequalities ... in product spaces Pub. IHES. (1994) Ann of Prob. Talagrand L1-L2 bound

↑ Markov

POLL: Do you know Markov's Ineq. YES or NO.

$$\log M(\theta) \leq C\theta^2 \leq e^{-\sup_{\lambda} (\lambda|\theta|^2 - C\lambda^2|\theta|^2)} \rightarrow \lambda = \frac{1}{2\sqrt{|\theta|^2}C}$$

$$P(X > a) = \mathbb{E}[1_{\{X > a\}}] \leq \mathbb{E}\left[\frac{X}{a} 1_{\{X > a\}}\right] \leq \mathbb{E}\left[\frac{X}{a}\right]$$

$\uparrow$   
X is nonnegative

if  $\log M(\theta) \leq C|\theta|^2 \rightarrow$  #1

$$\leq e^{-t\theta\sqrt{|\theta|^2} + C|\theta|^2 t^2}$$

and simply optimize

$$\left(\theta = \frac{t}{2\sqrt{|\theta|^2}C}\right) \rightarrow = e^{-\frac{t^2}{2C}}$$

like we did for the LLN and get a Gaussian bound.

$$P(T - \mathbb{E}T \geq t\sqrt{|\theta|^2}) \leq e^{-\frac{t^2}{2C}} \quad (\text{Gaussian concentration})$$

$\hookrightarrow$  Non random fluctuations in first passage percolation.

To show this bound, we use the famous Hoeffding argument.

Consider

$$\begin{aligned} \frac{d}{d\lambda} \left( \frac{\log M(\lambda)}{\lambda} \right) &= \frac{M'(\lambda)}{\lambda M(\lambda)} - \frac{\log M(\lambda)}{\lambda^2} \\ &= \frac{\lambda M'(\lambda) - M(\lambda) \log M(\lambda)}{\lambda^2 M(\lambda)} \quad \lambda M'(\lambda) = \lambda \mathbb{E}[T e^{\lambda T}] \\ &= \frac{\mathbb{E}[\lambda T e^{\lambda T}] - \mathbb{E}[e^{\lambda T}] \log \mathbb{E}[e^{\lambda T}]}{\lambda^2 M(\lambda)} \leq C|\lambda| \end{aligned}$$

$$M(\lambda) = \mathbb{E}[e^{\lambda(T-\mathbb{E}T)}] \quad M'(\lambda) = \mathbb{E}[(T-\mathbb{E}T) e^{\lambda(T-\mathbb{E}T)}]$$

$\uparrow$   
 $T - \mathbb{E}T$

$$\left| \int \frac{d}{d\lambda} \left( \frac{\log M(\lambda)}{\lambda} \right) \leq \int C|\lambda| d\lambda \right.$$

$$\Rightarrow \frac{\log M(\lambda)}{\lambda} \leq C|\lambda|, \lambda$$

Then  $\log M(\lambda) \leq C|\lambda|, \lambda \Rightarrow \boxed{\log M(\lambda) \leq C\lambda^2|\lambda|}$

which is what we want.

Let us look at

$$\mathbb{E}[\lambda T e^{\lambda T}] - \mathbb{E}[e^{\lambda T}] \log \mathbb{E}[e^{\lambda T}] \leq C|\lambda|, \lambda^2 M(\lambda)$$

$$\text{Ent}(X) = \mathbb{E}[X \log X] - \mathbb{E}[X] \log \mathbb{E}[X]$$

On  $\{1, \dots, n\}$   $\mu = \{p_1, \dots, p_n\}$   $\sum p_i = 1$

$$\text{Ent}(\mu) = -\left(\sum p_i \log p_i - \sum p_i \log \sum p_i\right)$$

and set  $X = e^{\lambda T}$

Then this quantity is something called the ENTROPY.

$$\text{Ent}(X) = \mathbb{E}[X \log X] - \mathbb{E}[X] \log \mathbb{E}[X] \quad X \geq 0$$

This definition is the same as the usual entropy of a measure.

We need to prove that

$$\text{Ent}(e^{\lambda T}) \leq C|\lambda| \lambda^2 M(\lambda)$$

$$\mathbb{E}[e^{\lambda T}]$$

— (#1a)

POLL: which of the following is true

A                      B                      C

Ent(X) ≥ 0                      Ent(X) ≤ 0                      Can be positive or  
 -ve depending on X

The entropy features in a so-called Log Sobolev inequality (discovered by Gross). It, like the Poincare inequality has a clean form for the Gaussian (and other similar continuous distribution)

Poincare:  $\text{Var}(f) \leq C \|Df\|_2^2$

LSI:  $\text{Ent}(f^2) \leq C \|Df\|_2^2$

← Fleming proved this using the "heat equation"

$$\text{Ent}(X) \geq 0$$

$$\varphi(t) = t \log t \quad \text{and apply Jensen.}$$

$$\varphi'(t) = \log t + 1$$

$$\varphi''(t) = \frac{1}{t} \quad t > 0 \Rightarrow \varphi'' \geq 0 \Rightarrow \varphi \text{ is convex}$$

$$\begin{aligned} \mathbb{E}[\varphi(X)] &= \mathbb{E}[X \log X] \geq \varphi(\mathbb{E}[X]) \\ &= \mathbb{E}[X] \log \mathbb{E}[X]. \end{aligned}$$

$$\text{Ent}(e^{\lambda T}) \leq \bar{2} \mathbb{E}[e^{\lambda T}] C_2 \lambda^2 |\lambda|$$

Analytic inequalities called Sobolev inequalities

POLL: Have you heard of these?

YES or NO

PDES or functional analysis you will learn about this on manifolds or  $\mathbb{R}^n$

On  $\mathbb{R}^n$   $\|f\|_{\infty} \leq \|Df\|_1, \|f\|_1$   
 $\alpha, \beta, C$   
 $n \rightarrow \infty$  limit of these  
(oblique meas.)

(Gronwall - Zegarelinshy)

Proving the LSI is not hard. We will do this in some simple case if there is interest.

We have done this. To prove it in the case of Bernoulli measure  $\mathbb{P} = \{0,1\}^n$  on  $\mathbb{P}^{\otimes n}$

The entropy has a nice property called "tensorization".

Let  $(w_{e(1)}, w_{e(2)}, \dots)$  be an enumeration of the edge weights. <sup>on the lattice</sup> Given some function

$$f(w_{e(1)}, w_{e(2)}, \dots) : \mathbb{R}^{\infty} \rightarrow \mathbb{R} \quad (\text{like the passage time})$$

$$X \sim N(0,1) \text{ and } \text{Ent}(f^2) \leq C \| \nabla f \|_2^2$$

$$\mathbb{E}[f] = \int_{\mathbb{R}} f(x) \frac{e^{-x^2/2}}{\sqrt{2\pi}} dx$$

$(X_1, \dots, X_n)$ , want to find a version of log Sobolev for n iid copies,

define the conditional entropy

$$\text{Ent}_i(f) = \int f \log f dF_i - \int f dF_i \log \int f dF_i$$

= a f of  $w_{e(j)}$   $j \neq i$ ?

Then

$$\text{Ent}(f) \leq \sum_{i=1}^{\infty} \mathbb{E} \text{Ent}_i(f) = \sum_{i=1}^{\infty} \int \text{Ent}_i(f) \prod_{j \neq i} dF_j$$

↑ tensorization ↓ integrable over all other variables that I had not integrated over.

conditional entropy is still random

Young's Inequality  $\Rightarrow$  Variational description of Entropy

$$\text{Ent}(f) = \sup_g \left\{ \int fg dF : \int e^g dF \leq 1 \right\}$$

(Integration over a single variable)

$$uv \leq \frac{u^p}{p} + \frac{v^q}{q}$$

POLL: Have you seen Hölder proved this way? YES OR NO

$$\|x\| = \sup \{ \langle x, y \rangle : \|y\| \leq 1 \}$$

$$uv = \frac{u^p}{p} + \frac{v^q}{q}$$

The usual  $L^p$  decoupling of a product can use this to prove Hölder's inequality

"log version or exponential decoupling version"

$$uv \leq \frac{u^p}{p} + \frac{v^q}{q}$$

Prob (Young):

$$\text{let } u > 0 \text{ then } uv \leq u \log u - u + e^v$$

Assume  $\int f = 1$  wlog

$$\Rightarrow \text{Ent}(f) = \int f \log f - \int f \log \int f = \int f \log f$$

Then  $\int f g \leq \int f \log f - \int f + \int e^g, \int f > 0$

$$\leq \int f \log f = \text{Ent}(f)$$

$$fg \leq f \log f - f + e^g$$

$$\text{Ent}(f) = \sup \left\{ \int f g dF : \int e^g dF \leq 1 \right\}$$

RHS  $\leq \text{Ent}(f)$

So choose  $g = \log f$  and this completes the proof

$$\int e^g = \int e^{\log f} = \int f = 1$$

Proof of tensorization:

let  $g_i(w_i, w_{i+1}, \dots, w_n)$

$$\text{Ent}(f) \leq \sum_{i=1}^n \mathbb{E} \text{Ent}_i(f) = \sum_{i=1}^n \int \text{Ent}_i(f) \prod_{j=1}^n dF_j$$

$$:= \log \frac{\mathbb{E}[e^g | w_{i+1}, \dots, w_n]}{\mathbb{E}[e^g | w_{i+1}, \dots, w_n]}$$

↓ keeping fixed

I will prove this for

$f: \mathbb{R}^n \rightarrow \mathbb{R}$  and I'll let  $n \rightarrow \infty$  and

we some convergence theorem.

$$g: \mathbb{R}^n \rightarrow \mathbb{R}$$

$$= \log \frac{\int e^g dF_1 \dots dF_{i-1}}{\int e^g dF_1 \dots dF_i}$$

(Do you recognize this?)

logarithmic version of a martingale difference

$$\mathbb{E}[h | w_i, \dots, w_n] - \mathbb{E}[h | w_{i+1}, \dots, w_n]$$

Then since  $\sum_{i=1}^n g_i = \log e^g - \log \mathbb{E}[e^g] = \log \mathbb{E}[e^g | w_1, \dots, w_n] - \log \mathbb{E}[e^g]$

$$g = \sum_{i=1}^n g_i + \log \mathbb{E}[e^g] \rightarrow \text{will give conditional entropy}$$

$$\text{Ent}(f) = \sup_g \{ \int fg \mid \text{st } \int e^g \leq 1 \}$$

Using  $\mathbb{E}[e^g] \leq 1$  we get  $g \leq \sum_{i=1}^n g_i$

Thus returning to

$$\text{Ent}(f) = \sup_g \{ \mathbb{E}[fg] : \mathbb{E}[e^g] \leq 1 \}$$

we have

$$\mathbb{E}[fg] \leq \sum_{i=1}^n \mathbb{E}[fg_i]$$

$$= \sum_{i=1}^n \int \int_{j \neq i} fg_i dF_i \prod_{j \neq i} dF_j$$

$$\leq \sum_{i=1}^n \int \text{Ent}_i(f) \prod_{j \neq i} dF_j$$

$$\text{Ent}_i(f) = \sup_{g_i} \{ \int fg_i \mid \text{st } \int e^{g_i} \leq 1 \}$$

$$\mathbb{E}[fg] \leq \sum_{i=1}^n \int \text{Ent}_i(f) \prod_{j \neq i} dF_j$$

Question: Is this inequality sharp for some  $f$ ?

Can I get equality here?

Do you "lose" a lot when applying tensorization.

Pf of Young's inequality:

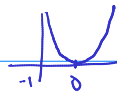
Follows from  $\log(1+x) \leq x \quad -1 < x < \infty$

$$\varphi(x) = x - \log(1+x), \quad \varphi(0) = 0 \quad \varphi'(x) = 1 - \frac{1}{1+x}$$

$$\varphi''(x) = \frac{1}{(1+x)^2} \geq 0 \Rightarrow \varphi \text{ is convex}$$

$$\text{let } u > 0 \text{ then } u^a \leq u \log u - u + e^u$$

$\varphi'(x) = 0 \quad 1+x = 1 \Rightarrow x=0$  so its minimum value is at 0



$$\text{So } u^a = u \log \frac{e^u}{u} + u \log u \leq u \left( \frac{e^u}{u} - 1 \right) + u \log u$$

$$= u \log u - u + e^u$$

$$u^a - \log u + u \log u$$

It's worth noting that the proof of the original Young's inequality is quite similar. So is the application to Hölder's, in fact!



**Boucheron (Generalized LSI)**

Lemma (Boucheron-Lugosi-Massart) Let  $q(x) = x(e^x - 1)$

If  $X$  is an rv and  $X^i$  indep copy then

$$\mathbb{E} e^{tX} \leq \mathbb{E} [e^{tX} q(\lambda(X^i - X)_+)]$$

$\swarrow$   
 $X^i$  is an independent copy of  $X$

We will Apply this to  $\mathbb{E} T_i$ .

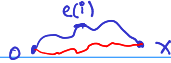
We will not prove this inequality, but it very similar in spirit to the Poincare-Efron Stein

connection: the derivative in Poincare is replaced by a "difference between independent copies" in Efron-Stein.

**Boucheron et al**  $x(e^x - 1) \approx x^2$   $\frac{|T_i' - T_i|^2}{\text{Efron-Stein}}$

$$\mathbb{E} \mathbb{E} T_i (e^{tT}) \leq \mathbb{E} [e^{tT} q(\lambda(T_i' - T)_+)]$$

$T_i' = T$  with just the  $i^{\text{th}}$  weight  $w(i)$  is replaced by  $w'(i)$



As before we only know  $(T_i - T)_+ > 0$  only when  $e(i)$  is in  $\underline{GEO}(0, X)$  (in the original weights)

$$\mathbb{E} T_i e^{tT} \leq \sum_{i=1}^{\infty} \mathbb{E} \left[ e^{tT} q(\lambda(T_i' - T)_+) \mathbb{1}_{\{e(i) \in \underline{GEO}(0, X)\}} \right]$$

$\swarrow$   $(\lambda T e^t)$  does not depend on  $e$   
 $\swarrow$   $\mathbb{1}_{\{e(i) \in \underline{GEO}(0, X)\}}$

Used discrete log Sobolev.

Poincare uses a derivative and  $f$  need not be diff. or the underlying

$$\text{Var}(f) \leq C \|\nabla f\|_2^2$$

Efron-Stein  $\text{Var}(f) \leq \frac{1}{2} \sum_{i=1}^n \mathbb{E} [(f - f_i)^2]$   $\leftarrow$  distribution is discrete.

$$f(X_1, \dots, X_n), f_i = f(X_1, \dots, \hat{X}_i, \dots, X_n)$$

$i^{\text{th}}$  variable was replaced by an independent copy.  $\Rightarrow$  derivative was replaced by a difference.

$$\mathbb{E} T_i (f^2) \leq C \|\nabla f\|_2^2$$

Log-Sobolev for general distributions that doesn't need a derivative.

Plan:

- 1) Concentration inequality
- 2) Alexander bound (brilliant)
- 3) Tuesday  $\swarrow \searrow$

POLL

Semigroup/generator / log Sobolev for bernoulli  
A

$\frac{1}{3}$  fluctuations exponent  $\frac{1}{2}$  log connection  
B  
Jarnik's theorem.

$$\mathbb{E} T_i e^{tT} \leq \sum \mathbb{E} \mathbb{E} T_i e^{tT}$$

(tensorization)

$$q(x) = x(e^x - 1)$$

Notice 1)  $q(x)$  is increasing

$$2) T_1 - T \leq Z_{c(i)} - Z_{c(i)} \leq Z_{c(i)} \quad \text{when } c(i) \in \underline{\text{GED}}(0, X)$$

$$\Rightarrow q((T_1 - T)_+) \leq q(Z_{c(i)})$$

$$\leq \sum_{i=1}^{\infty} \mathbb{E}[q(\lambda Z_{c_i}')] \mathbb{E}\left[e^{\lambda T} \mathbb{1}_{\{c(i) \in \underline{\text{GED}}(0, X)\}}\right]$$

split into product using independence.

same for all  $c_i'$  (iid)

move the sum in

and sum over indicators to count  $\underline{\text{GED}}(0, X)$

$$= \mathbb{E}[q(\lambda Z_{c_i}')] \mathbb{E}[e^{\lambda T} | \underline{\text{GED}}(0, X)]$$

How to control  $\mathbb{E}[XY]$  ?

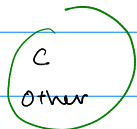
POLL

A

B

Hölder

Cauchy  
Schwarz



Exponential version of Young's inequality

$$\text{Ent}(X) = \sup \{ XY \mid \mathbb{E}[e^Y] \leq 1 \}$$

Of course we can just use  $\mathbb{E}[XY] \leq \text{Ent}(X)$

if  $\mathbb{E}[e^Y] \leq 1$  and  $X > 0$

So for any  $Y + C$  satisfied  $\mathbb{E}[e^Y] e^C = 1$

$$\Rightarrow C = -\log \mathbb{E}[e^Y]$$

-(#2)

we may not have

$\mathbb{E}[e^Y] \leq 1$  (normalize  $Y$ )

and so  $\mathbb{E}[X(Y+C)] \leq \text{Ent}(X)$  (because  $\mathbb{E}[e^{Y+C}] = 1$ )

$$\Rightarrow \mathbb{E}[XY] \leq \text{Ent}(X) + \mathbb{E}[X] \log \mathbb{E}[e^Y] \quad \mathbb{E}[XC]$$

for ANY  $Y$

$$\int ab = \int \frac{a^p}{p} + \frac{b^q}{q}$$

Thus  $x$   $y$

its useful to have this constant

$$\mathbb{E}[e^{\lambda T} | \text{GEO}(0, x)] = \mathbb{E}\left[\frac{ae^{\lambda T} | \text{GEO}(0, x)}{a}\right]$$

$$\text{Ent}(ae^{\lambda T}) + \mathbb{E}[ae^{\lambda T}] \log \mathbb{E}\left[\frac{| \text{GEO}(0, x) |}{a}\right]$$

decomposed from two!

Why are we introducing this constant?

$$\leq a \text{Ent}(e^{\lambda T}) + a \mathbb{E}[e^{\lambda T}] \log \mathbb{E}\left[\frac{| \text{GEO}(0, x) |}{a}\right] \quad \text{(#3)}$$

Is it an inequality or equality

$$\text{Ent}(aY) = \mathbb{E}[aY \log(aY)]$$

$$- \mathbb{E}(aY) \log \mathbb{E}(aY)$$

$$a \left[ \mathbb{E}[Y(\log a + \log Y)] - \mathbb{E}[Y] (\log a + \log \mathbb{E}Y) \right]$$

$$= a \text{Ent}(Y)$$

POLL: Does  $\text{Ent}(aY) = a \text{Ent}(Y)$ ?

YES

NO

$$\text{Ent}(e^{\lambda T}) \leq \mathbb{E}[q(\lambda \tau_e)] \mathbb{E}[e^{\lambda T} | \text{GEO}(0, x)]$$

Use (#3) and obtain

$$\text{Ent}(e^{\lambda T}) (1 - a \mathbb{E}[q(\lambda \tau_e)])$$

$$\leq a \mathbb{E}[q(\lambda \tau_e)] \log \mathbb{E} e^{\frac{| \text{GEO}(0, x) |}{a}} \mathbb{E}[e^{\lambda T}]$$

#3a

assuming  $a \mathbb{E}[q(\lambda \tau_e)]$

So as long as  $a \mathbb{E}[q(\lambda \tau_e)] < 1$   
then we can do this.  $\approx \lambda^2 \tau_e^2$

which gives

(#3) call it L

$$\text{Ent}(e^{\lambda T}) \leq \frac{L}{1-L} \log \mathbb{E} e^{\frac{| \text{GEO}(0, x) |}{a}} \mathbb{E}[e^{\lambda T}]$$

Lemma Assuming  $\mathbb{E}[e^{\alpha \tau_e}] < \infty \forall \alpha > 0 \exists a, c, > 0$

$$\log \mathbb{E} e^{\frac{| \text{GEO}(0, x) |}{a}} \leq c_1 |x|_1$$

to make this exp moment converge

If you assume  $\tau_e \in \{m, n\}$

$$| \text{GEO}(0, x) | \leq \frac{|x|_1}{m}$$

$\tau_e$  is "essentially bounded"

$X \sim \text{Exp}(1)$

$$\mathbb{E}[e^{\lambda X}] = \int_0^{\infty} e^{\lambda t} e^{-t} dt \\ = \int_0^{\infty} e^{-(1-\lambda)t} dt \\ \lambda < 1$$

So this determines  $a$ .  $\leftarrow$  fixes our parameter  $a$

Now we are at

$$\mathbb{E}[e^{\lambda T}] \leq \frac{L}{1-L} \mathbb{E}[e^{\lambda T}] c_1 |x|,$$

$$L = \mathbb{E}[q(\lambda \tau_c)] \approx \lambda^2 \mathbb{E}[\tau_c^2] \ll 1$$

We will choose  $\lambda$  so small that  $L = a \mathbb{E}[q(\lambda \tau_c)] < \frac{1}{2}$

Exercise using dominated convergence.

Since  $\mathbb{E}\left[\frac{q(\lambda \tau_c)}{\lambda^2}\right] \rightarrow \mathbb{E}[\tau_c^2]$

So

$$\mathbb{E}(e^{\lambda T}) \leq \frac{1}{2} \mathbb{E}[e^{\lambda T}] c_2 \lambda^2 |x|,$$

This is what we wanted to prove in (1a)